

port phillip go-to guide

about the guide

This Go-To Guide provides a detailed list of services that operate within the City of Port Phillip. They have been separated into categories so you can access the support you need, when you need it. Wherever possible, we've included the address, phone numbers and website for each service. If only a phone number is listed and you'd prefer to speak in person, we encourage you to give them a call to find out about office locations.

Please note: due to the ongoing COVID-19 pandemic, the operating hours and services provided of the organisations in this guide are subject to change at any time. It is advised to call each service or visit their website prior to attending any physical locations to ensure you have the most up to date information.

The information provided in this guide is accurate at the time of publication (May 2021) and subject to change at any time.

Acknowledgement of Traditional Owners

We respectfully acknowledge the Traditional Owners of the land, the Yalukit Willam Clan of the Boon Wurrung. We pay our respect to their Elders, both past and present. We acknowledge and uphold their continuing relationship to this land.

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helpful phone numbers

Only in the event of EMERGENCY, please call 000 for Police, Fire and Ambulance

24 hours a day, seven days a week

If you are deaf or have a speech or hearing impairment, call 106

To contact police other than in an emergency please call 131 444

Aboriginal Family Violence Prevention and Legal Service Victoria

292 Hoddle Street, Abbotsford www.djirra.org.au Free call: 1800 105 303 9am - 5pm, Monday - Friday

Helps Aboriginal and Torres Strait Islander people experiencing or recovering from family violence or sexual assault, and works with families and communities affected by violence.

Beyond Blue

www.beyondblue.org.au 24 hours helpline: 1300 224 636 24 hours a day, seven days a week Beyond Blue provides information and support to help everyone in Australia achieve their best possible mental health, whatever their age and wherever they live.

Child Protection Crisis Line

24 hours helpline: 131 278

If you are concerned about the immediate safety of a child within their family, call the 24-hour Child Protection Crisis Line (toll free within Victoria).

GriefLine

9935 7400

National Toll Free: 1300 845 745 6am to midnight, 7 days a week

GriefLine provides a free and confidential telephone support to anyone experiencing grief, loss and the many related feelings that occur as a result. You are not alone.

Elizabeth Morgan House

www.emhaws.org.au 9403 9400

9am - 5pm, Monday - Thursday 9am - 4pm, Friday

Elizabeth Morgan House provides a range of supports to Aboriginal women and children experiencing family violence from crisis to recovery programs.

inTouch - Multicultural Centre against Family Violence

www.intouch.org.au 1800 755 988 9am - 5pm, Monday - Friday

InTouch is a specialist family violence service that supports multicultural women, their families and their communities.

Lifeline

www.lifeline.org.au
13 11 14
24 hours a day seven d

24 hours a day, seven days a week

Lifeline provides 24-hour crisis support and suicide prevention services to all people in Australia.

MensLine Australia

www.mensline.org.au 1300 789 978 24 hours a day, seven days a week

MensLine Australia is a 24/7 telephone and online counselling service for men with family and relationship concerns.

Narcotics Anonymous

www.na.org.au 1300 652 820

Narcotics Anonymous is a support group who share experiences and support one another to stay clean.

National Relay Service

1800 555 660 (8am - 5pm, Monday - Friday) TTY number: 1800 555 727 SMS Relay number: 0423 677 767

This service is for those unable to use an ordinary phone, due to deafness or hearing or speech impairment. It is also available to anyone who wants to call a person who is deaf or has a hearing or speech impairment.

helpful phone numbers

helpful phone numbers

Public Transport Victoria

www.ptv.vic.gov.au 1800 800 007

Public Transport Victoria coordinates all public transport available within Victoria. Their website has information about timetables, disruptions, news and alerts.

Safe Steps

www.safesteps.org.au 1800 015 188 24 hours a day, seven days a week

Safe Steps is Victoria's 24/7 family violence response centre.

SANF Australia

www.sane.org 1800 187 263 10am - 10pm, Monday - Friday

SANE offer to services to help support all Australians by effected complex mental health issues.

TIS - Translating and Interpreting Service

www.tisnational.gov.au 131 450 24 hours a day, seven days a week

An interpreting service for people who do not speak English.

Victims of Crime Helpline

www.victimsofcrime.vic.gov.au 1800 819 817 0427 767 891 (SMS) 8am - 11pm, 7 days a week

Provides free information, support and advice to people affected by crime.

Victorian Sexual Assault Crisis Line

www.sacl.com.au Free call: 1800 806 292 9am - 5pm, Monday - Friday 24 hours, Saturday - Sunday and Public Holidays

An after-hours confidential, telephone crisis counselling service for people who have experienced both past and recent sexual assault

alcohol & drug services

Alcoholics Anonymous Victoria

www.aavictoria.org.au 24 hour helpline: 9429 1833

group who share experiences and support one another to recover from

DirectLine

www.directline.org.au 24 hour helpline: 1800 888 236

and referral services for anyone in Victoria who wishes to discuss an alcohol or drug-related issues.

Narcotics Anonymous

www.navic.net.au 1300 652 820 24 hours a day, seven days a week

Narcotics Anonymous is a support group who share experiences and support one another to stay clean.

Ngwala Willumbong Co-operative Ltd

93 Wellington Street, St Kilda www.ngwala.org.au 9510 3233

24 hours a day, seven days a week

Ngwala Willumbong is an Aboriginal

specialist alcohol and drug services to meet the needs of Aboriginal and Torres Strait Islander people and their families

alcohol & drug services

Reconnexion

www.reconnexion.org.au 1300 273 266 9am - 5pm, Monday -Friday

counselling for people who have anxiety, depression and tranquilizer dependency.

Self-Help Addiction Resource Centre (SHARC)

www.sharc.org.au Family drug helpline: 1300 660 068 24 hours a day, seven days a week

Support for people impacted by alcohol, other drugs and gambling.

Windana

www.windana.org.au 9529 7955

Drug withdrawal for young people and adults, long term rehabilitation, community integration and supported

housing

Victorian Housing Register (VHR)

housing.vic.gov.au/apply-social-housing

The Victorian Housing Register is where you can register for social housing in Victoria. This means you can apply for both public and community housing at the same time.

Priority access is for people:

- Who are homeless and receiving support;
- Are escaping or have escaped family violence;
- With a disability or significant support needs;
- With special housing needs.

To apply:

- Online application (via the Australian Government MyGov website);
- Paper application;
- Through a support agency you will need a support worker to fill in an application for you.

You can mail applications to the DHHS VHR below or take applications to any DHHS Housing Office:

Victorian Housing Register Department of Health and Human Services Reply Paid 933 MOE VIC 3825

Forms can be downloaded at: www.housing.vic.gov.au/apply-social-housing

If you are homeless or at risk of homelessness call 1800 825 955 a free 24 hour helpline.



housing

HousingVic

www.housing.vic.org.au/onlineservices 1800 961 883

If you are a public housing renter, Victorian Housing Register applicant or RentAssist bond loan applicant, you can link HousingVic online services to your myGov account to access a range of housing services.

Housing for the Aged Action Group

1st Floor Ross House, 247-251 Flinders Lane, Melbourne www.oldertenants.org.au 9654 7389 Freecall: 1300 765 178

Housing for the Aged Action Group specializes in providing support for people aged 50 years and older who are in need of housing information.

HousingFirst Ltd

Suite 3.01, Level 3, 492 St Kilda Road, Melbourne www.housingfirst.org.au 9534 5837

9am - 4.30pm, Monday - Friday

HousingFirst Ltd is an independent, not-for-profit organisation providing social and affordable community housing for people on low to moderate income. To be considered for housing with HousingFirst. Please complete an application with the Victorian Housing Register (VHR).

Launch Housing

122 Chapel Street, St Kilda www.launchhousing.org.au Freecall: 1800 825 955 9am - 5pm, Monday - Friday

Launch Housing is a secular Melbourne-based community organisation that delivers homelessness services and lifechanging housing supports to disadvantaged Victorians.

Frontyard Youth Services

19 King Street, Melbourne www.mcm.org.au/homelessness/ frontyard 1800 800 531

Frontyard Youth Services provides information, short term and long-term support and referrals for young people experiencing or at risk of homelessness.

Southport Community Housing Group

259 Dorcas Street, South Melbourne www.spchg.org.au 9696 1128 9.30am - 4.30pm, Monday - Friday

Southport Community Housing Group provides long term, affordable housing and practical support to single adult who are homeless or in housing crisis. Support is also available for young people who are homeless or facing homelessness.

St Kilda Community Housing Ltd

116 St Kilda Road, St Kilda www.stkch.org.au 9534 1809 9am - 5pm, Monday - Friday

Registered housing agency providing rooming house accommodation in St Kilda. Please complete an application with the Victorian Housing Register (VHR).

St Kilda Crisis Centre

29 Grey Street, St Kilda www.salvationarmy.org.au 24 hour phone service: 1800 627 727 Walk in service 9am to 11pm everyday

The St Kilda Crisis Centre provides immediate assistance to people in need, including emergency housing, vouchers for food and other essentials, information, advocacy and planning, as well as referrals to specialist support services.

Wintringham Specialist Aged Care

www.wintringham.org.au 9034 4824

Wintringham is a specialised welfare company that provides housing and care to elderly, frail men and women who are homeless or at risk of homelessness.



women's services

Fitted for Work

513 Bridge Road, Richmond www.fittedforwork.org 9662 4289

9am - 5pm, Monday - Friday

Fitted for Work helps women experiencing disadvantage get into work and keep it through a range of innovative services.

The Women's House Sacred Heart Mission

65 Robe Street, St Kilda 9536 8464

www.sacredheartmission.org/ seek-help/help-for-women/ womens-house

8.30am - 1pm, Monday - Friday

The Women's House is a welcoming, safe and supportive open house tailored to the needs of women who are experiencing homelessness or are at risk of becoming homeless. The Women's House Provides case management, housing assistance and support, a meal at breakfast and lunch, a shower, laundry, facilities as well as creative activities and a safe place to rest.

St Kilda Gatehouse

169 Chapel Street, St Kilda www.stkildagatehouse.org.a 9534 2916 Drop In Centre: 12pm - 5pm, Tuesday - Friday 12pm - 6pm, Thursday

(inc. a takeaway dinner)

St Kilda Gatehouse is not-for-profit organisation that provides support to people involved in street-based sex work or who have been affected by commercial sexual exploitation as a result of hardship. The drop in the centre provides crisis care and emergency and tool, clothing and toiletries as

WHISE - Women's Health in the South East

Level 1, 70 St Kilda Road, St Kilda 9794 8677

Monday to Friday, 9.00am - 5.00pm WHISE is a not-for-profit organisation that focuses on empowering women. We work to improve the health and wellbeing of women in our region by providing health information and education to governments, organisations, education providers, and community groups.

Our team of health promotion professionals work to promote gender equality, sexual and reproductive health and prevent of violence against women.

WIRE - Women's Information and Referral Exchange

Donkey Wheel House, Level 1/673 Bourke St, Melbourne www.wire.org.au 1300 134 130 9am - 5pm, Monday - Friday

Run by women and providing free generalist information, support and referral services for women, nonbinary and gender-diverse people in Victoria

Women's Housing Ltd

Suite 1, Level 1, 21 Cremorne Street, Cremorne

www.womenshousing.com.au 9412 6868

9am - 5pm, Monday - Friday

Women's Housing Limited is a not-forprofit organisation providing low-cost housing to women at risk of homelessness.

Women's Legal Service Victoria

www.womenslegal.org.au 8622 0600 9am - 5pm, Monday -Friday

Provides free legal services to women. They work with and for women experiencing disadvantage to address legal issues arising from relationship breakdown or violence

Women with Disabilities Victoria

Level 1, 255 Bourke Street, Melbourne www.wdv.org.au 9286 7800 9am - 5pm, Monday -Friday

Provides advocacy and a voice for women disabilities, and creates opportunities for women with disabilities to be visible and to be board in their communities.



LGBTQIA+

Black Rainbow

www.blackrainbow.org.au

Black Rainbow is a national Aboriginal and Torres Strait Islander Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Sistergirl, Brotherboy (LGBTIQ+SB) organization in the pursuit of positive health and wellbeing for Aboriginal and Torres Strait Islander LGBTIQ+SB*.

Equinox Gender Diverse Health Centre

Ground floor, 200 Hoddle Street, Abbotsford www.equinox.org.au 9416 2889

9am - 5pm, Monday - Friday

A peer led Trans and Gender Diverse (TGD) Health Service for TGD community. Their services include General Practice healthcare, sexual health, hormone initiation and management, Pre-Exposure Prophylaxis (PrEP), Osteopathy and Counselling.

Get PEP

www.getpep.info/get-pep-now/vic 1800 889 887

9am - 5pm, Monday - Friday Other times there is a detailed recorded message with many options. PEP (Post- Exposure Prophylaxis) is a month-long course of drugs to help prevent HIV infection that is taken after a possible exposure to HIV. Call the PEP phoneline to:

- Talk about your risk and if you would be recommended to take PEP
- Find a location where you can get PEP

Matrix Guild Victoria

www.matrixguildvic.org.au secretary@matrixguildvic.org.au

This organisation promotes appropriate care and support for older lesbians and provides accommodation in Victoria for older lesbians who are financially disadvantaged.

Positive Living Centre

51 Commercial Road, South Yarra 9863 0444

10am - 4pm, Tuesday, Wednesday, Friday

10am - 8pm, Thursday

The Positive Living Centre (PLC) is a vibrant and safe environment for those living with HIV. The PLC enhances the health and wellbeing of HIV positive people through the provision of social, emotional, recreational and skill-based services and activities. Many services are provided free of charge.

Prahran Market Clinic

Mezzanine Level, Pran Central, Cnr Chapel St & Commercial Rd www.prahranmarketclinic.com 9514 0888

Prahran Market Clinic is a medical General Practice, supported by Allied Health providers. Particular focus is placed on sexual health, and Gay, Lesbian and gender diverse health. This is a private billing clinic and fees are payable at time of consultation. Bulk billing is at doctors discretion.

Queerspace

100 Drummond Street, Carlton www.queerspace.org.au 9663 6733

Queerspace is an LGBTIQ+ health and wellbeing support service for LGBTIQ+ communities, delivered by LGBTIQ+ communities. Queerspace has a focus on relationships, families, parenting and young people. Their services include counselling and peer support.

Switchboard

www.switchboard.org.au 1800 729 367 0480 017 246 (SMS)

Switchboard provide peer driven support services for the lesbian, gay, bisexual, transgender and gender diverse, intersex, queer and asexual (LGBTIQA+) people, their families, allies and communities.



health

The Salvation Army -Access Health - St Kilda

31 Grey Street, St Kilda www.salvationarmy.org.au/ locations/victoria/v237/accesshealth/ 9536 7780

9am - 5pm, Monday - Friday (call prior to visit to check hours)

The Access Health Program provides primary health care for people who are marginalised and injecting drugs, street sex working and/or experiencing homelessness.

Alfred Hospital -Psychiatric Triage

55 Commercial Road, Prahran 1300 363 746 24 hours a day, 7 days a week

Provides advice, comprehensive mental health assessment and psychiatric treatment for people living in the inner south east of Melbourne. Support includes 24-hour telephone support, outreach assessment and treatment.

Bolton Clarke's Homeless Person Program

www.boltonclarke.com.au/ additional-services/homelessperson-program 1300 221 112 Bolton Clarke's Melbourne based Homeless Person Program works with people who are or at risk of homelessness who are experiencing physical, mental and psychological health issues. They provide a primary healthcare response to people on the streets, in parks, at food programs, in low-cost hotels, boarding houses, caravan parks or living in crisis

Brotherhood of St Laurence

92 York Street, South Melbourne www.ndis.bsl.org.au 1300 275 634

The National Disability Insurance Scheme (NDIS) provides support to people with a disability to undertake activities of daily living and participate in the community life. If you meet the requirements, the Brotherhood of St Laurence can help you to engage with the NDIS and to choose the reasonable and necessary support you can receive.

First Step

42 Carlisle Street, St Kilda www.firststep.org.au 9537 3177

9am - 5pm, Monday - Friday

First Step is a not-for-profit mental health, addiction and legal services hub in St Kilda. First Step operates a bulk billing GP and allied health clinic, a pro bono legal service and many other free services to vulnerable Victorians.

The Wellness Place - Sacred Heart Mission

99a Grey Street, St Kilda www.sacredheartmission.org/service/ support-and-wellbeing/wellness-place 9536 8426

Monday: 12pm – 3.30pm
Tuesday – Friday: 9am – 3.30pm
The Sacred Heart Mission Wellness
Place works in small ways to address the impacts of trauma, addiction, isolation and chronic ill health through a range of groups, educational programs and complementary and allied health therapies. Appointments required.

Sacred Heart Mission

87 Grey Street, St Kilda www.sacredheartmission.org 9537 1166

Sacred Heart Mission assists people who are experiencing homelessness or disadvantage to find shelter, food, care and support.

St Vincent de Paul Society

www.vinnies.org.au Welfare Assistance Line: 1800 305 330 10am - 3pm, Monday - Friday

St Vincent de Paul is a charity that provides support to people in need. Depending on supply, Vinnies centres can provide goods including furniture, clothing and other household items.

Better Health Network (BHN) Formerly STAR health

- 22 -28 Fitzroy Street, St Kilda 9am - 4.30pm, Monday - Friday

- 240 Malvern Road,
 Prahran
 8.15am 5pm, Monday
 Friday
- 341 Coventry Street, South Melbourne 8.15am - 5pm, Monday - Friday

www.bhn.org.au www.starhealth.org.au 9525 1300

Better Health Network (BHN) provides a broad range of health services, including GP services, Dental services, Podiatry, Physiotherapy, Dietetics, Counselling and Diabetes Education.

The Victorian Poisons Information Centre

13 11 26

24 hours a day, seven days a week Note: If someone has collapsed, stopped breathing, or is having a seizure or anaphylactic reaction, call 000 for an ambulance. Do NOT ring the Victorian Poisons Information Centre.

Provides advice about what to do if a person has been poisoned, has overdosed, has made mistake with medicines or has been bitten/stung by a snake, spider, bee, wasp etc. This includes telephone consultation and advice on first aid, with or without referral to a doctor or hospital.

legal/financial

Services Australia

- 94 York St, South Melbourne www.servicesaustralia.gov.au 8.30am - 4.30pm, Monday - Friday
- Level 1, HIVE313 Shopping Centre, 313 Victoria Street, Abbotsford 8.30am - 4.30pm, Monday - Friday

Tel: 13 24 68

Phone lines open 8am - 5pm, closed public holidays.
Services Australia deliver government payments and services such as Centrelink and Medicare

Justice Connect

www.justiceconnect.org.au 8636 4400 9.30am - 5pm, Monday - Friday

Justice Connect helps people and community groups connect with free legal help, so everyone can have a fair chance at a better life.

Southside Justice

118A Carlisle St, St Kilda www.skls.org.au 03 7037 3200 10am - 12pm and 2pm - 4pm, Monday - Thursday

Southside Justice offers free general legal assistance to residents in the City of Port Phillip who are experiencing vulnerability or disadvantage.

Tenancy Plus

www.housing.vic.gov.au/tenancyplus-support-program Tenancy Plus in the City of Port Phillip is serviced by Launch Housing 8598 1188

Tenancy Plus aims to prevent homelessness and support renters to stay in housing. Community housing renters on the Victorian Housing Register are also eligible for help from Tenancy Plus. Tenancy Plus support providers will work with you to create a support plan that is tailored to your needs and goals. Support providers can also connect you to a range of other support services in your local area.

Tenants Victoria

www.tenantsvic.org.au Tenant advice line: 1800 068 860 9am - 4pm, Monday - Friday

Promotes and protect the rights of tenants in Victoria. Calls are answered by lawyers with specialist knowledge of Victorian rental laws.

Victoria Legal Aid

570 Bourke Street, Melbourne www.legalaid.vic.gov.au 1300 792 387 8am - 6pm, Monday - Friday

Victoria Legal Aid helps people with their legal problems. They provide free legal information and education to all Victorians. Intensive legal services are offered to people based on a set of defined criteria.

Victorian Aboriginal Legal Service (VALS)

273 High Street, Preston www.vals.org.au 1800 064 865 On call after hours service

Provides referrals, advice/information, duty work or case work assistance to Aboriginal and Torres Strait Islander peoples in Victoria.



atWork Australia

355 Clarendon St, South Melbourne

www.atworkaustralia.com.au 1300 080 856

9am - 5pm, Monday - Friday

atWork helps people living with disability and disadvantage look for work. Programs include Disability Employment Services, jobactive (including Indigenous Employment Services), ParentsNext and NDIS programs.

Elwood & St Kilda Neighbourhood Learning Centre

87 Tennyson Street, Elwood www.esnlc.com.au 9531 1954

9:15am - 4:45pm Monday - Thursday

Provides adult education programs, community service and support for people who experience a range of disadvantages within the community. ESNLC is a registered training provider and delivers courses focusing on literacy, vocational skills, English as an additional language and computer skills.

MAX Employment

31 Wellington Street, St Kilda www.maxsolutions.com.au 1800 603 503

8.30am - 5pm, Monday - Friday

Provides services for people to prepare for, find and maintain a job, including specialist Disability Employment Services.

Prahran Place

40 Grattan Street, Prahran www.prahranplace.org.au/ 9510 7052

9am - 4pm, Monday - Friday
Provides a range of accredited and
pre-accredited learning courses
including English, visual art, computer
skills and business. They also deliver
health and wellbeing programs
including yoga, strength-based
training, playgroups, budget cooking,
social discussion and knitting groups.

Ready Set (formally Wear for Success)

24 Eastern Road, South Melbourne 211 Chapel Street, Prahran www.readyset.org.au 9078 1750

Ready Set provides professional clothing and work skills training to provide people with the best possible chance of achieving their dreams



community

Alma Road Community House

200 Alma Road, St Kilda East www.ppcg.org.au 9525 8746

Alma Road Community House is a Neighbourhood Hub that provides opportunities for people with varying interests and needs to become involved in community activities. Also available for hire.

City of Port Phillip Council

- 99A Carlisle Street, St Kilda 8.30 am to 5 pm, Monday to Friday
- 333 Bay Street, Port Melbourne 12 midday to 4 pm, Monday, Tuesday and Friday.

www.portphillip.vic.gov.au 9209 6777 Hours subject to change

The council provides a range of low-cost activities to the local community, including bush walking, gym sessions, swimming lessons and computer classes. They are also able to provide connections to a range of support services and community organisations that are present in the municipality.

Community Gardens

- St Kilda Community Gardens,
 1-5 Railway Place , Balaclava
- Dig-In Community Garden, 351 Williamstown road, Port Melbourne
- Mary & Basil Community Garden
 224 Danks Street, Albert Park
- Veg-Out Community Garden
 11 Shakespeare Grove, St Kilda
- Poet's Corner 85-87 Tennyson Street, Elwood

www.portphillip.vic.gov.au/peopl e-and-community/communitygardens

Gardening in your local area is a great way to grow vegetables, plants and flowers locally. It is also a fantastic way to get to know your neighbours and get involved in your local community. These are just a few of the local community gardens in the City of Port Phillip.

Cora Graves Community Centre

38 Blessington Street, St Kilda 9209 6738

Provides a range of services for the local community including:

- Social groups for older people or living in supported accommodation
- Art programs
- Exercise programs
- Carer support groups
- Outdoor Activities

Orange Sky

- Albert Park3.30pm 5.30pm, Sunday
- St Kilda West5.30pm 7.30pm, Wednesday6.15pm 8:15pm, Friday

(Orange Sky operates in varies locations across Melbourne. Check the 'Find a shift' link to check timetables - locations.orangesky.org.au) www.orangesky.org.au Orange Sky provides a safe, positive and supportive environment for people to access free laundry and shower services.

Port Phillip Community Group (PPCG)

161 Chapel Street, St Kilda
9.30am - 12.30pm and 1pm
4.30pm, Monday, Tuesday,
Wednesday & Friday
1pm - 4.30pm, Thursday
8598 6600

www.ppcg.org.au info@ppcg.org.au

PPCG provide a range of centrebased and outreach programs and services to address complex issues. These include information, referral and support; emergency relief, material aid and financial counselling; skill development and pathways

to education and employment; social inclusion events and more

Port Phillip Library Service

- 319 Montague Street, Albert Park 9209 6622
- 195 Bank Street, South Melbourne 9209 6611
- 254-256 Richardson St, Middle Park 9209 6633
- 333 Bay Street, Port Melbourne 9209 6644
- 150 Carlisle Street, St Kilda 9209 6655

Offer a range of services such as bookable computers, printing, free WIFI, study spaces and a home library service for eligible people. Opening hours will vary and it is encouraged to check before attending.

community

Port Phillip Men's Shed Association

317-329 Dorcas Street, South Melbourne www.mens-shed.org.au info@ppmsa.org.au 9am - 1pm, Friday 9am - 4pm, Saturday

Provides a range of opportunities for people to participate in wood working, mental working, gardening or general hobbies

SouthPort Community Centre

154 Liardet Street, Port Melbourne www.southportcc.org.au reception@southportcc.org.au 9645 1476

Delivers a range of activities and programs for people of Port Melbourne and surrounding areas. Programs span computers, health and wellbeing, work skills, literacy and numeracy, community inclusion, art and performance.

SPARC Theatre

Baxter Hall, corner Acland Street & Eildon Street, St Kilda 10am - 1pm, Fridays during school terms

www.vitaeveritas.com.au 9209 6530

SPARC Theatre meets once a week to explore and develop skills in drama, acting singing, improvisation, script, dance, movement and choreography in an inclusive and safe environment. It is a fee-for-service activity that may be supported through NDIS plans or Aged Care packages.

UnitingCare 101 Engagement Hub

101 Carlisle St, St Kilda www.stkildaunitingchurch.org.au

03 9525 5478 9am - 2pm, Monday - Friday

The 101 Engagement Hub provides a range of programmes and support, including breakfast and lunch.



key support services

The following organisations offer a wide range of health, support and community services in addition to their primary function. Residents are encouraged to make contact and enquire about potential services that could benefit their individual circumstances.

Christ Church Mission Community Centre

14 Acland Street, St Kilda www.ccm.org.au 9534 9250

- Emergencies and food parcels: 10.30am - 1.30pm, Monday -Friday
- Open house free community meal: 5.30pm 7pm, Thursday

Provision of support, material aid and socially inclusive activities.

St Vincent de Paul Society www.vinnies.org.au

Welfare Assistance Line: 1800 305 330 10am - 3pm, Monday - Friday St Vincent de Paul is a charity

St Vincent de Paul is a charity that provides support to peopl need. Depending on supply, Vinnies centres can provide goods including furniture, clothing and other household items.

Port Phillip Community Group (PPCG)

- 161 Chapel Street, St Kilda 9.30am - 12.30pm and 1pm - 4.30pm, Monday, Tuesday, Wednesday & Friday 1pm - 4.30pm, Thursday 8598 6600

www.ppcg.org.au info@ppcg.org.au

PPCG provide a range of centrebased and outreach programs and services to address complex issues. These include information, referral and support; emergency relief, material aid and financial counselling skill development and pathways to education and employment; social inclusion events and more

Father Bob Maguire Foundation

204 Gladstone Street, South Melbourne www.fatherbobs.com 9681 3255

Pantry:

Mondays, Tuesdays, Thursdays and Fridays from 10am – 2pm, except for Public Holidays.

Community Meals:

Monday: 5.00pm, 76 Alma Road, St Kilda. Run by Temple Beth Israel Tuesday: 6:00pm, Alma Park West, cnr Alma Rd/Chapel St. Run by Kehilat Nitzan

Sunday: 6:00pm The Peanut Farm Reserve Chaucer St St Kilda

The Salvation Army -Access Health - St Kilda

31 Grey Street, St Kilda www.salvationarmy.org.au/ locations/victoria/v237/accesshealth/ 9536 7780 9am - 5pm, Monday - Friday (call prior to visit to check hours)

The Access Health Program provides primary health care for people who are marginalised and injecting drugs, street sex working and/or experiencing homelessness.

Better Health Network (BHN) Formerly STAR health

- 22 -28 Fitzroy Street, St Kilda 9am - 4.30pm, Monday - Friday
- 240 Malvern Road, Prahran 8.15am - 5pm, Monday - Friday
- 341 Coventry Street, South Melbourne 8.15am - 5pm, Monday - Friday www.bhn.org.au

www.bhn.org.au www.starhealth.org.au 9525 1300

Better Health Network (BHN) provides a broad range of health services, including GP services, Dental services, Podiatry, Physiotherapy, Dietetics, Counselling and Diabetes Education.

St Kilda Crisis Centre

29 Grey Street, St Kilda www.salvationarmy.org.a 24 hour phone service: 1800 627 727 Walk in service 9am to 11pm everyday

The St Kilda Crisis Centre provides immediate assistance to people in need, including emergency housing, vouchers for food and other essentials, information, advocacy and planning, as well as referrals to specialist support services

Sacred Heart Mission

87 Grey Street, St Kilda www.sacredheartmission.org 9537 1166

Sacred Heart Mission assists people who are experiencing homelessness or disadvantage to find shelter, food, care and support.



emergency

Fire, Police, Ambulance

24 hours a day, seven days a week

000 is the primary national emergency number in Australia. Use this number to contact Police, Fire or Ambulance services in emergencies.

If you are deaf or have a speech or hearing impairment, call 106.

Proudly developed in partnership with:







Supported by the City of Port Phillip Community Grants