

### COMMUNITY PANTRY

The Street Pantry is a community initiative designed to help address food insecurity. We encourage community members to **'give what you can, take what you need'**.

Please ensure that food or hygiene products are unopened, within date and non-perishable.



### ST KILDA CHESS CLUB

*Mondays, Tuesdays & Thursdays (during school term)*

Enjoy a good game of chess! All ages and levels of experience are welcome.

[www.stkildachess.org.au](http://www.stkildachess.org.au)



### CO-DEPENDENTS ANONYMOUS

A 12-Step support group for people who struggle with co-dependency.

For more information and meeting lists, please visit [www.codependentsanonymous.org.au](http://www.codependentsanonymous.org.au) or email [codastkilda@gmail.com](mailto:codastkilda@gmail.com)



### Bookings are essential for ALL courses.

Learn Local courses are pre-accredited and aim to provide opportunities for people to participate in learning for a range of purposes including work, education, volunteering and community engagement.

**Call us on 9525 8746** for more information and to check your eligibility for a funded place.

### Looking to start an activity or group?

The Alma Road Community Centre is here to support you! Whether you want to host a recurring fitness class or hobby group we'd love to help you bring it to life. Get in touch with us today to find out how you can set up and host your own activities at the Centre. Let's make the community stronger, together!



### BOOK NOW

call 9525 8746

email [arch@ppcg.org.au](mailto:arch@ppcg.org.au)

website [www.ppcg.org.au](http://www.ppcg.org.au)

### FOR MORE INFO:

[www.ppcg.org.au/courses-activities](http://www.ppcg.org.au/courses-activities)



# Port Phillip Community Group

## Course & Activity Guide

### TERM 4

Oct 6 - Dec 19, 2025





## COMMUNITY CONNECT

### CHATTY CAFE FRIDAYS

Fridays, 10:30am - 12pm (October 10 - December 19)  
> Alma Road Community House, 200 Alma Rd, St Kilda East

**FREE** Our friendly volunteers will be welcoming people from the neighbourhood and providing information about local services and activities. Come and get to know what's on at your Neighbourhood House.

### CHATTY CAFE BARBEQUE AND HEARING TESTS

> Alma Road Community House, 200 Alma Rd, St Kilda East

**FREE** Come along to our friendly Chatty Café Barbeque, where you can enjoy good food, great company, and a welcoming community atmosphere. Free hearing tests will also be available on the day through Hearing Australia, booking required.

**Date:** Friday, November 14<sup>th</sup> 9:45am-12pm

**NEW!**

### ARCH NEIGHBOURHOOD CONNECT TALKS

1st Friday of the month, 11am - 12pm  
> Alma Road Community House, 200 Alma Rd, St Kilda East

**FREE** Join us for a series of talks on topics of interest to the local community.

**October 3:** The History of St. Kilda - Presented by local award winning author and historian, Carmel McKenzie.

**November 7:** Understanding Dementia - Join us for an informative session on understanding dementia, offering practical insights into its impacts and support strategies, presented by Bolton Clarke

**December 5:** Healthy Skin - Discover practical tips for maintaining healthy skin in this engaging presentation by Bolton Clarke. Learn how to protect, care for, and improve your skin at any age with expert advice and simple strategies.

### TE ARAI COMMUNAL GARDENING GROUP

Meets the Third Sunday of Each Month  
> Te Arai Street, St Kilda East (behind the Alma Road Community House)

If you're interested in gardening in your local community, come join the Te Arai Communal Gardening Group! The group aims to bring community together and beautify the neighbourhood through sustainable garden practices. To find out more information or to register, send us an email: [tearaicommunalgardens@gmail.com](mailto:tearaicommunalgardens@gmail.com)

## ARTS & MUSIC

### WILD AT HEART - MUSIC SKILLS

Wednesdays, 11am - 2pm  
> Sol Green Community Centre (corner of Montague St and Coventry St), South Melbourne

Develop your musical ability in songwriting, recording and performance as an introduction to the music industry or a pathway to a professional career. Contact Wild at Heart on 0402 812 428 for further details and/or to register.

**DATES** October 15 - December 17 (10 weeks)

**COST** some costs apply

### ART ATTACK - CREATIVE ART SKILLS

Thursdays, 10am - 12pm OR 1pm - 3pm  
> Alma Road Community House, 200 Alma Rd, St Kilda East

Bring out your inner creativity! Create different forms of art by mastering different techniques in painting, mosaic and more. Then Learn how to prepare those works for public display and sale! No prior art experience necessary.

**DATES** October 16 - December 4 (8 weeks)

**COST** \$40 per term

## EXPRESSION OF INTEREST

### YOGA/GENTLE EXERCISE GROUPS

> Alma Road Community House, 200 Alma Rd, St Kilda East

Are you interested in joining a gentle movement, stretching, or yoga class? We're looking for community members who are interested in attending an adaptable, slow-paced exercise class focused on relaxation, mobility, and community connection.

**LOW COST**

**DATES** TBA - Taking Expressions of Interest Now!

### December School Holiday Programs

> Alma Road Community House, 200 Alma Rd, St Kilda East

Are you interested in joining us for some hands-on workshops designed for kids and their parent/guardian to enjoy together? Get in touch now!

**DATES** - December- Taking Expressions of Interest Now!

We offer two versatile spaces perfect for your next event. Both spaces include access to a shared full-sized kitchen within the internal area.

### THE GARDEN ROOM

An intimate space suitable for work meetings or appointments. Community groups who operate in the City of Port Phillip can inquire about possible discounted hire rates.

## INTRO TO... LEARNING

### INTRO TO DIGITAL DEVICES

Wednesdays, 10am - 12pm  
> St Kilda Library Community Room, Carlisle St, St Kilda  
**OR**  
Wednesdays, 1pm - 3pm  
> Alma Road Community House, 200 Alma Rd, St Kilda East

**FREE** Learn to use your smartphone, laptop, and/or tablet for everyday on-line needs including: connecting with family and friends, reading the news, listening to music and podcasts, making appointments, shopping, banking and public transport planning.

**DATES** October 8 - December 10 (10 sessions)

### PLANT, HARVEST, EAT

Wednesdays, 9.30am - 12pm  
> Alma Road Community House, 200 Alma Rd, St Kilda East

**FREE TO JOIN ANYTIME!** Would you like to grow your own herbs and vegetables? Join us for a hands-on course where you'll learn to grow fresh produce in raised garden beds and pots. Gain practical experience with gardening tools and techniques, and discover how to apply these skills in your own backyard or balcony. The course will be going on excursions to other community gardens and will introduce pathways to further study in horticulture.

**DATES** October 15 - December 10 (9 weeks)

### INTRO TO HOSPITALITY SKILLS

NEST/Healthy Cooking on a Budget  
Tuesdays, 9:45am - 12:30pm  
> Christchurch Community Centre, 14 Acland Street, St Kilda 3182

**FREE** Under the expert guidance of the OzHarvest Nutrition, Education & Skills Training (NEST) team, learn about nutrition, how to cook easy and healthy recipes, store food safely, plan meals and reduce waste, and save money on your food budget. Following this program, there will be an opportunity to gain a Certificate in Safe Food Handling.

**DATES** October 7 - November 25

### English for Beginners

> Alma Road Community House, 200 Alma Rd, St Kilda East

We are looking for community members who are interested in improving their English language skills in a welcoming and stress free environment.

**DATES** - Term 1 2026

Taking Expressions of Interest Now!

BOOK ROOM  
HIRE HERE:



## LIVING IN PORT PHILLIP

### BUSHWALKING - MELBOURNE & SURROUNDS

Enjoy nature and connect with other community members on our much loved walks. Enrolments open on the first Wednesday after each walk for the next walk. Walks are easy to moderate grade and participants must be able to walk 5km on a variety of surfaces. Light Lurch is provided.

**DATES** Saturdays, 9.15am - 3.30pm (Oct 25 and Nov 29)  
**COST** \$6 per walk

Available to Port Phillip residents only

### GYM CLASSES

Tuesdays, 2.30pm - 3.30pm  
> TBD

**JOIN ANYTIME!** Kickstart your health and well-being AND meet new people along the way. Classes are held in a welcoming and non-judgmental space. Open to residents of all ages and abilities.

**START DATE** October 7th - December 16 (10 weeks)

**COST** TBD

### PIER FISHING

1st Wednesday of the month, 10.30am - 12pm  
> Kerferd Road Pier, Albert Park

What could be better than casting a line and relaxing by the bay with new friends? Whether you're new to fishing or an experienced angler, the wonderful crew at Elwood Anglers Club will make you feel welcome. This is an all-abilities activity. Come along and enjoy the fun! Equipment and bait is provided.

**DATES** October 1<sup>st</sup>, November 5<sup>th</sup>, and December 3<sup>rd</sup>  
**COST** FREE

Available to Port Phillip residents only

### BRING A BILL

> Alma Road Community House, 200 Alma Rd, St Kilda East

Drop in for free help with your energy bills and apply for the power saver bonus!

Eligible Concession Card holders must bring their electricity bill, Concession card, Medicare card, bank BSB and account numbers to apply for the payment.

**DATE** Friday October 31<sup>st</sup> 11am-1pm

### ST KILDA'S GOLDEN PAST

**FREE** Join award winning author and historian Carmel McKenzie for a captivating two-hour guided walk through St Kilda, once Melbourne's most prestigious suburb. This 2km walk will explore the grand homes and intriguing stories of the people who shaped St Kilda in the mid-1800s. Along the way, Carmel will share little-known insights into the suburb's colourful past, drawing on her research and passion for local history.

**DATE** Thursday October 9  
and Friday October 10th  
**BOOKINGS REQUIRED**



Supported by the  
City of Port Phillip

## HIRE A SPACE AT ARCH!

200 Alma Road, St Kilda East

### THE PARK ROOM

A spacious area that opens out to a public children's playground and BBQ area, ideal for your kid's next birthday party or event.