

## COMMUNITY PANTRY

The Street Pantry is a community initiative designed to help address food insecurity. We encourage community members to **'give what you can, take what you need'**.

Please ensure that food or hygiene products are unopened, within date and non-perishable.



## ST KILDA CHESS CLUB

*Mondays, Tuesdays & Thursdays (during school term)*

Enjoy a good game of chess! All ages and levels of experience are welcome.

[www.stkildachess.org.au](http://www.stkildachess.org.au)



## CO-DEPENDENTS ANONYMOUS

A 12-Step support group for people who struggle with co-dependency.

For more information and meeting lists, please visit [www.codependentsanonymous.org.au](http://www.codependentsanonymous.org.au) or email [codastkilda@gmail.com](mailto:codastkilda@gmail.com)



### Bookings are essential for ALL courses.

Learn Local courses are pre-accredited and aim to provide opportunities for people to participate in learning for a range of purposes including work, education, volunteering and community engagement.

**Call us on 9525 8746** for more information and to check your eligibility for a funded place.

### Looking to start an activity or group?

The Alma Road Community Centre is here to support you! Whether you want to host a recurring fitness class or hobby group we'd love to help you bring it to life. Get in touch with us today to find out how you can set up and host your own activities at the Centre. Let's make the community stronger, together!



### BOOK NOW

call 9525 8746

email [arch@ppcg.org.au](mailto:arch@ppcg.org.au)

website [www.ppcg.org.au](http://www.ppcg.org.au)

### FOR MORE INFO:

[www.ppcg.org.au/courses-activities](http://www.ppcg.org.au/courses-activities)

# Port Phillip Community Group

## Course & Activity Guide

### TERM 2

April 20 - June 26, 2026



## COMMUNITY CONNECT

### CHATTY CAFE FRIDAYS

Fridays, 10:30am - 12pm (April 10 - June 26)

> Alma Road Community House, 200 Alma Rd, St Kilda East

**FREE** Our friendly volunteers will be welcoming people from the neighbourhood. Come and get to know what's on at your Neighbourhood House and connect with others over a cup of tea and snacks.

### ARCH NEIGHBOURHOOD CONNECT TALKS

1st Friday of the month, 11am - 12pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

**FREE** Join us for a series of talks on topics of interest to the local community.

**April 10:** Learn more about managing and understanding diabetes at this informative session hosted by Bolton Clarke. This talk will cover the basics of diabetes, practical tips for healthy living, and how to access support services in your community. Perfect for anyone looking to stay informed, support a loved one, or take control of their health.

**May 1:** Stay informed and protect yourself from scams at this practical session presented by Services Australia. Learn how to identify common scams, safeguard your personal information, and take action if you're targeted. This talk is ideal for anyone wanting to stay safe, build confidence online, and support others in the community.

**June 5:** Discover the range of programs and support available through Port Phillip Community Group at this informative session. Learn about local services, how to access support, and ways to get involved in your community. Perfect for anyone looking to connect, find assistance, or make the most of what's available in Port Phillip.

### EARLY YEARS INFO SESSION

Tuesday May 26

> Alma Road Community House, 200 Alma Rd, St Kilda East

**FREE** Join us for a relaxed and informative session designed for parents and carers of children entering preschool. This is a great opportunity to ask questions, connect with other families, and discover resources to support your child's development. Everyone is welcome!



## ARTS & MUSIC

### WILD AT HEART - MUSIC SKILLS

Wednesdays, 11am - 2pm

> Sol Green Community Centre (corner of Montague St and Coventry St), South Melbourne

Develop your musical ability in songwriting, recording and performance as an introduction to the music industry or a pathway to a professional career. Contact Wild at Heart on 0402 812 428 for further details and/or to register.

**DATES** April 30 - July 2 (10 weeks)

**COST** Some costs apply

### ART ATTACK - CREATIVE ART SKILLS

Thursdays, 10am - 12pm OR 1pm - 3pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

Bring out your inner creativity! Create different forms of art by using different techniques in painting, mosaic and more. This is a relaxed and inclusive environment giving you the opportunity to express yourself. No prior art experience necessary.

**DATES** April 23 - June 11 (8 weeks)

**COST** \$40 per term

### KNIT, NATTER, AND SEW

Wednesdays 1pm - 2:30pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

Bring your knitting, sewing, or craft project and enjoy a relaxed, social session with others who love making and chatting.

**DATES** April 22 - June 24

**COST** \$2 per Session or \$10 per Term

## EXPRESSION OF INTEREST

### Meditation and Mindfulness

> Alma Road Community House, 200 Alma Rd, St Kilda East

Take a moment to slow down and reconnect in this calming meditation and mindfulness class. Learn simple techniques to reduce stress, improve focus, and support your overall wellbeing in a relaxed and welcoming environment. Suitable for all experience levels, this session offers a gentle introduction to building mindfulness into your everyday life.

**LOW COST**

**DATES** Mondays (6 Sessions)



## INTRO TO... LEARNING

### INTRO TO DIGITAL DEVICES

Wednesdays, 10am - 12pm

> St Kilda Library Community Room, Carlisle St, St Kilda

**OR**

Wednesdays, 1pm - 3pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

**FREE** Learn to use your smartphone, laptop, and/or tablet for everyday on-line needs including: connecting with family and friends, reading the news, listening to music and podcasts, making appointments, shopping, banking and public transport planning.

**DATES** April 22 - June 24 (10 weeks)

### PLANT, HARVEST, EAT

Wednesdays, 9.30am - 12pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

Would you like to grow your own herbs and vegetables? Join us for a hands-on course where you'll learn to grow fresh produce in raised garden beds and pots. Gain practical experience with gardening tools and techniques, and discover how to apply these skills in your own backyard or balcony. The course will be going on excursions to other community gardens and will introduce pathways to further study in horticulture.

**DATES** April 30 - July 2 (10 weeks)

### TE ARAI COMMUNAL GARDENING GROUP

Meets the First Sunday of Each Month

> Te Arai Street, St Kilda East (behind the Alma Road Community House)

If you're interested in gardening in your local community, come join the Te Arai Communal Gardening Group! The group aims to bring community together and beautify the neighbourhood through sustainable garden practices. Find out more and register at the email: [tearaicommunalgardens@gmail.com](mailto:tearaicommunalgardens@gmail.com)

**COST FREE**

### YOGA CLASS

> Alma Road Community House, 200 Alma Rd, St Kilda East

Are you interested in joining a gentle movement, stretching, or yoga class? We're looking for community members who are interested in attending an adaptable, slow-paced exercise class focused on relaxation, mobility, and community connection.

**LOW COST**

**DATES** Mondays Starting in May (5 Sessions)



## LIVING IN PORT PHILLIP

### SCENIC WALKERS - MELBOURNE & SURROUNDS

Enjoy nature and connect with other community members on our much loved walks. Enrolments open on the first Wednesday after each walk for the next walk. Walks are easy to moderate grade and participants must be able to walk 5km on a variety of surfaces. Light Lunch is provided.

**DATES** Saturdays, 9.15am - 3.30pm (May 16, June 13, July 18)

**COST** \$10 per walk

Available to Port Phillip residents only

### GYM CLASSES

Tuesdays, 2.00pm - 3.00pm

> Anytime Fitness Balaclava, 16/20 William St

**JOIN ANYTIME!** Kickstart your health and well-being AND meet new people along the way. Classes are held in a welcoming and non-judgmental space. Open to residents of all ages and abilities.

**DATES** April 21 - June 23 (10 weeks)

**COST** \$7 per session

Available to Port Phillip residents only

### PIER FISHING

1st Wednesday of the month, 10.30am - 12pm

> Kerferd Road Pier, Albert Park

What could be better than casting a line and relaxing by the bay with new friends? Whether you're new to fishing or an experienced angler, the wonderful crew at Elwood Anglers Club will make you feel welcome. This is an all-abilities activity. Come along and enjoy the fun! Equipment and bait is provided.

**DATES** May 1, June 5, and July 3

**COST FREE**

### COMMUNITY HOUSE DAY MUNCH AND MINGLE

Friday May 15th, 11am - 12:30pm

> Alma Road Community House, 200 Alma Road, St Kilda East

Come join us for a fantastic Community House Day lunch at the Alma Road Community House and join our regular Friday Chatty Cafe group. Great food and great company!

Call to reserve your place: 9525 8746

**COST FREE**



## HIRE A SPACE AT ARCH!

200 Alma Road, St Kilda East

### THE PARK ROOM

A spacious area that opens out to a public children's playground and BBQ area, ideal for your kid's next birthday party or event.

We offer two versatile spaces perfect for your next event. Both spaces include access to a shared full-sized kitchen within the internal area.

### THE GARDEN ROOM

An intimate space suitable for work meetings or appointments. Community groups who operate in the City of Port Phillip can inquire about possible discounted hire rates.

BOOK ROOM  
HIRE HERE:



Follow us on Facebook!

