

Port Phillip Community Group

Course & Activity Guide

TERM 3

July - September, 2026



CHATTY CAFE FRIDAYS

Fridays, 10:30am - 12pm (July 3rd - September 18th)
> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Our friendly volunteers will be welcoming people from the neighbourhood. Come and get to know what's on at your Neighbourhood House and connect with others over a cup of tea and snacks.

ARCH NEIGHBOURHOOD CONNECT TALKS

1st Friday of the month, 11am - 12pm
> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Join us for a series of talks on topics of interest to the local community.

July 3 - Victorian Electoral Commission: Come join a talk with Victorian Electoral Commission about how the election works, and the changes for the 2026 state election.

August 7 - CPR: Learn the basics of CPR with Bolton Clarke in this introductory session.

September 4 - COPP Healthy Aging: Listen to an engaging session from the City of Port Phillip with a focus on healthy ageing.

October 2 - St. Kilda History: Join us for a talk hosted by award winning author Carmel McKenzie on the history of St. Kilda.

INTERNATIONAL DAY OF FRIENDSHIP

Friday July 31, 10.30am - 12pm
> Alma Road Community House, 200 Alma Rd, St Kilda East

Join us for a morning tea for the international day of friendship. Come celebrate with friends new and old!

TOGETHER WE CONNECT

Friday August 7, 10am - 12pm
> Alma Road Community House, 200 Alma Rd, St Kilda East

Come and connect during loneliness awareness week at the Alma Road Community House over a cuppa and some sweet treats!

WILD AT HEART - MUSIC SKILLS

Wednesdays, 11am - 2pm
> Sol Green Community Centre (corner of Montague St and Coventry St), South Melbourne

Develop your musical ability in songwriting, recording and performance as an introduction to the music industry or a pathway to a professional career. Contact Wild at Heart on 0402 812 428 for further details and/or to register.

DATES July 15 - September 16 (10 weeks)

ART ATTACK - CREATIVE ART SKILLS

Thursdays, 10am - 12pm OR 1pm - 3pm
> Alma Road Community House, 200 Alma Rd, St Kilda East

Bring out your inner creativity using different techniques in painting, mosaic, and more. This is a relaxed and inclusive environment where no prior art experience necessary.

DATES July 23 - September 10 (8 weeks)

COST \$40 per term

CRAFTERNOON

Wednesdays 1pm - 3pm
> Alma Road Community House, 200 Alma Rd, St Kilda East

Bring your knitting, sewing, or craft project and enjoy a relaxed, social session with others who love making and chatting.

DATES July 15 - September 16

COST Free

→ EXPRESSION OF INTEREST

MEDITATION AND MINDFULNESS

> Alma Road Community House, 200 Alma Rd, St Kilda East

Are you interested in learning how to reduce stress, improve focus, and support your overall wellbeing in a relaxed and welcoming environment. Suitable for all experience levels, this session offers a gentle introduction to building mindfulness into your everyday life. **Register your interest!**

DATES Term 4

INTRO TO SPANISH

Wednesdays, 6pm - 7.30pm
Alma Road Community House, 200 Alma Rd, St Kilda East

Join us for a fun and welcoming introduction to the Spanish language and culture. This beginner and intermediate friendly class will introduce you to everyday Spanish words, phrases and conversations while exploring the rich culture behind the language. A great opportunity to meet new people, learn something new and build confidence in a relaxed community setting. **REGISTER NOW**

DATES October 14 - December 2 (8 weeks)



Follow us on Facebook!



@PORTPHILLIPCG





INTRO TO ... LEARNING

INTRO TO DIGITAL DEVICES

Wednesdays, 1pm - 3pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

OR

Wednesdays, 10am - 12pm

> St Kilda Library Community Room, Carlisle St, St Kilda

FREE AND BEGINNER FRIENDLY Learn to use your smartphone, laptop, and/or tablet for everyday on-line needs including: connecting with family and friends, reading the news, listening to music and podcasts, and public transport planning.

DATES July 15 - September 16 (10 weeks)



PLANT, HARVEST, EAT

Wednesdays, 9.30am - 12pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

Would you like to grow your own herbs and vegetables? Join us for a hands-on course where you'll learn to grow fresh produce in raised garden beds and pots. Gain practical experience and discover how to apply skills in your own backyard or balcony. As part of the course visit other community gardens and be introduced to pathways for further study in horticulture.

DATES July 15 - September 16 (10 weeks)



INTRO TO HOSPITALITY SKILLS

Mondays, 9:45am-12:30pm

> Alma Road Community House; 200 Alma Rd, St Kilda East

FREE With the OzHarvest Nutrition, Education & Skills Training (NEST) team, learn about nutrition, cooking easy and healthy recipes, storing food safely, and reducing waste. Enjoy what you cook with a shared lunch! There will be an opportunity to gain a Volunteer Safe Food Handling Certificate. This popular Course is in high demand make sure you reserve your place today!

DATES October 12 - November 30

*No class on November 2



TE ARAI COMMUNAL GARDENING GROUP

Meets the First Sunday of Each Month

> Te Arai Street, St Kilda East (behind the Alma Road Community House)

If you're interested in gardening in your local community, come join the Te Arai Communal Gardening Group! The group aims to bring community together and beautify the neighbourhood through sustainable garden practices. Find out more and register at the email: tearaicommunalgardens@gmail.com

COST FREE



LIVING IN PORT PHILLIP

SCENIC WALKERS - MELBOURNE & SURROUNDS

Enjoy nature and connect with other community members on our much loved walks. Enrolments open on the first Wednesday after each walk for the next walk. Walks are easy to moderate grade and participants must be able to walk 5km on a variety of surfaces. Light Lunch is provided.

DATES Saturdays, 9.15am - 3.30pm

July 18: Cranbourne Gardens

August 15: Jells Park

September 19: Westerfolds Park

October 24: Warrandyte

COST \$10 per walk .

Available to Port Phillip residents only

GYM CLASSES

Tuesdays, 2.00pm - 3.00pm

> Anytime Fitness Balaclava, 16/20 William St

JOIN ANYTIME! A welcoming gym class designed for older adults, focusing on improving strength, mobility, balance, and overall wellbeing. Sessions include gentle exercises to support everyday movement, build confidence, maintain independence, and promote social connection in a friendly and supportive environment.

DATES July 14 - September 15 (10 weeks)

COST \$7 per session

Available to Port Phillip residents only

PIER FISHING

1st Wednesday of the month, 10.30am - 12pm

> Kerferd Road Pier, Albert Park

What could be better than casting a line and relaxing by the bay with new friends? Whether you're new to fishing or an experienced angler, the wonderful crew at Elwood Anglers Club will make you feel welcome. This is an all-abilities activity. Come along and enjoy the fun! Equipment and bait is provided.

*This activity is weather dependant

DATES August 5, September 2, October 7

COST FREE



HIRE A SPACE AT ARCH!

200 Alma Road, St Kilda East

We offer two versatile spaces perfect for your next event. Both spaces include access to a shared full-sized kitchen within the internal area.

THE PARK ROOM

A spacious area that opens out to a public children's playground and BBQ area, ideal for your kid's next birthday party or event.

THE GARDEN ROOM

An intimate space suitable for work meetings or appointments. Community groups who operate in the City of Port Phillip can inquire about possible discounted hire rates.

BOOK ROOM HIRE HERE:



COMMUNITY PANTRY

The Street Pantry is a community initiative designed to help address food insecurity. We encourage community members to **'give what you can, take what you need'**.

Please ensure that food or hygiene products are unopened, within date and non-perishable.



ST KILDA CHESS CLUB

Mondays, Tuesdays & Thursdays (during school term)

Enjoy a good game of chess! All ages and levels of experience are welcome.

www.stkildachess.org.au



CO-DEPENDENTS ANONYMOUS

Saturdays: 4pm-5:30pm

A 12-Step support group for people who struggle with co-dependency.

For more information and meeting lists, please visit www.codependentsanonymous.org.au or email codastkilda@gmail.com



Bookings are essential for ALL courses.

Learn Local courses are pre-accredited and aim to provide opportunities for people to participate in learning for a range of purposes including work, education, volunteering and community engagement.

Call us on 9525 8746 for more information and to check your eligibility for a funded place.

Are you our newest Volunteer?

Make a difference in your community by volunteering at Alma Road Community House. We are seeing volunteers for our Chatty Café and Crafternoon programs. Share a conversation, offer a welcoming smile, and help create meaningful connections for people in your community. Just a few hours of your time can brighten someone's day and build a stronger community.



BOOK NOW

call 9525 8746

email arch@ppcg.org.au

website www.ppcg.org.au

FOR MORE INFO:

www.ppcg.org.au/courses-activities

